

COVID-19 Self-Screening Flowchart

Do you have COVID-19 symptoms? Have you been exposed (regardless of vaccination or infection more than 90-days ago) to COVID-19? One (1) or more: Two (2) or more: **Have you been in Close Contact** □ Chills □ Fever (within 6 feet for \geq 15 minutes, with or without mask (temperature ≥100.4°F at rest) ☐ Feeling cold/shivering or direct contact (kissing, sharing food, hugging) ☐ Muscle pain or aches □ New/worsening with anyone diagnosed with COVID-19 respiratory symptoms Headache (positive lab test or clinical diagnosis) (cough, shortness of breath ☐ Sore throat when they were contagious (48 hours before their and/or difficulty breathing) ☐ Fatigue symptoms began through their recovery)? □ New loss of smell or taste □ Nasal congestion Nausea Does anyone in your household have COVID-19? Vomiting¹ If you are unable to isolate from anyone in your home ¹ If the <u>only</u> symptom is vomiting Diarrhea¹ who has been diagnosed with COVID-19, your or diarrhea (no other symptoms) exposure is ongoing. Quarantine while the person is and no known contact with a COVID-19 case, contagious and for 10 days after their recovery. stay home 48 hours after symptom stopped without medication. **ISOLATE QUARANTINE** (You have COVID-19 or have COVID-19 symptoms. (You have been exposed **Not Fully** to COVID-19. Stay home and limit Vaccinated Stay away from others.) contact with others Seek medical advice from for 10 days.) CONFORMAN SECTION SON OF SON O your healthcare provider, CLEAR to go to school/work. Do NOT go to school/work WCHD Online Assessment, or Contact school/work WCHD COVID-19 Hotline. (WCSD staff contact Employee Health Nurse.) **Daily Procedure** Wait for 72 hours after Self-screen daily before going to school/work. symptoms start Self-monitor your health throughout the day. before testing. Wear a face covering at school and in public places. **Monitor Health** Wash hands frequently with soap and water. If, at any point, you have Maintain 6 foot distance, if possible. COVID-19 symptoms, Were you tested · Clean high-touch areas routinely. ISOLATE. for COVID-19? Take temperature twice a day. Self-monitor for symptoms of COVID-19 YES Positive COVID-19 test. throughout the day. Positive COVID-19 test. Avoid contact with NO symptoms. ✓ HAS symptoms. people at higher risk √ No COVID-19 test. HAS symptoms. Maintain 6 foot distance when possible. **Negative COVID-19 test.** Contact your school/ ✓ HAS symptoms. work with updates. ✓ NO known contact At least 10 days have passed with COVID-19 case. since symptoms started, AND At least 24 hours have passed since AFTER 10 days in At least last fever, vomiting, or diarrhea quarantine 10 days have without medication, AND without symptoms passed since Other symptoms have improved COVID-19 ON day 8 of test date. **AFTER following CLEAR** to go to exclusion protocol school/work. for specific illness